

HOT LUNCH

WEEKLY MENU ♦ SAMPLE WEEK

Entrees

MONDAY

Pulled Pork
Sliders,
BBQ'd Tofu,
Roasted Potatoes,
Roasted Broccoli
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TUESDAY

Pasta Alfredo,
Penne Pasta with
Olive Oil,
Fresh Vegetable,
Garlic Bread
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WEDNESDAY

Meatloaf,
Mashed Potatoes,
Peas and Carrots
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THURSDAY

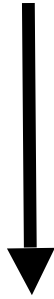
Chicken Enchilada
Verdes,
Veggie
Enchiladas,
Mexican Rice,
Black Beans
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FRIDAY

Jose Luis' Cheese
and Pepperoni
Pizzas,
Roasted
Cauliflower
Caesar Salad

Soups

Tortilla Soup



Butternut Squash
Soup (V)



Protein/Salads

Tuna Salad

Hard-Boiled Eggs



Egg Salad

Orzo Salad with
Vegetables



Salad Bar

Romaine
Croutons
Carrots
Peppers
Cucumber
Tomatoes
Broccoli
Tofu

Ranch Dressing

Balsamic
Vinaigrette

Oil and Vinegar

Peanut Butter,
Almond Butter
(upon request),
Jelly & Honey
Sandwiches

Assorted Seasonal
Fruits:

Apples
Grapes
Bananas
Cantaloupe
Tangerines